

A Proven Plan for Peace

"All truths are easy to understand once they are discovered; the point is to discover them."

-- Galileo Galilei

"There are only two ways to live your life. One is as though nothing is a miracle.

The other is as though everything is a miracle."

--Albert Einstein

I just want to take a few minutes to thank you for spending this time with me, for taking your time to explore the possibility of peace. What peace? Individual peace, family peace, community peace and yes, world peace. I am continually inspired by you, and the thousands of people like you who by exploring Quantum Entrainment have opened your minds to the possibility of the impossible. I want QE to work for you. I want you to be completely successful, and that is not entirely altruistic on my part. Every time you do QE I benefit, the whole world benefits. If you don't see that now you soon will. My challenge, my plea to you is a simple one: Practice QE to be with Eufeeeling. Then spread the healing power of Eufeeeling quickly and fully amongst your fellow beings, friend, and foe alike. You, being closest to the fires of pure awareness, will harvest the most benefit. But all of us will reap the rewards of your humble effort. And as more of us fall into the welcoming arms of Eufeeeling, each of us will become more successful and more fulfilled along every avenue of our lives. As we think, so we live. Eufeeeling immersed thinking and feeling must become commonplace to ensure the safety and sanity of our race. That humankind is struggling to survive is no news flash. We have been diving headlong toward oblivion, for generations. Each generation gaining momentum. Every discordant thought we create is like one more grain of sand added to the quicksand that is slowly dragging us down. This, of course, is insanity. You know insanity, doing the same thing and expecting different results. Our new world will not come from documents and proclamations. It cannot unfold out of the common and collective consciousness that has dominated human thought to this point. It will not come from outside, but from deep within. That is where the perfect awareness of Eufeeeling awaits us with open arms.

Now I know it seems just a little grandiose to suggest that a simple healing process can save our collective souls, but it can, for it is not the process proper but the awareness we bring to the task which wields the ultimate power. You who have the keys to Eufeeeling can see that for yourselves. Awareness of Eufeeeling heals. The more aware we are of Eufeeeling the more healing unfolds in and around us. It does so naturally, spontaneously, and wholly. It is our birthright. We, collectively known as humanity, have but a single lesson to learn, be fully aware. Awareness is fullest when lightly touched like a butterfly lighting on a delicate flower petal.

We are continually being reminded to *live in the present*. But what does that mean? Does it mean that we stop planning or give up our memories? Of course not. Living in the *now* is living in pure Eufeeeling awareness. That pure awareness extinguishes psychological time, freeing the mind from fixture, reflecting timeless and perfect order. An aware mind is organized, energetic, and creative. An aware mind is peaceful. It can do no harm.

Carl Jung's collective unconscious and more recently Rupert Sheldrake's morphic field illustrate a vital point about being human. As it turns out we are not isolated entities islands unto ourselves. We have an infinitely intimate relationship with every other soul on this planet. Every one of our thoughts and actions influences every other breathing being. The most powerful, life-supporting thoughts are those created by individuals who are inspired by the reflections of Eufeeeling. And here is where we arrive at practical plan for world peace.

Quantum Entrainment gently guides our everyday common awareness to Eufeeeling awareness. QE has enormous value as a healing procedure, but that is just the tip of the iceberg. When even a small percentage of people become clearly aware, they positively influence the minds and lives of everyone, even those who are not reflecting Eufeeeling awareness. It is thought that even as little as the square root of one per cent of a population reflecting the coherency of Eufeeeling can have profound effects on their immediate surroundings, from there spreading to awaken the entire world. This is not some fanciful philosophy but scientific fact.

Beginning in the early 1960s, the Transcendental Meditation (TM) organization demonstrated the *one percent effect*. They were able to confirm that if only the square root of one percent of a city's population were experiencing the coherency of pure awareness, the

crime rate would drop. They gathered a small number of TM mediators into a city and, as a group, simply become aware. Using the FBI's crime statistics for 22 major cities, within a month's time the group was able to significantly reduce the overall crime rate by an average of 24 percent! Since then, there have been numerous other studies to show how a purer awareness alone can change our lives for the better.

In her book *The Intention Experiment*, Lynne McTaggart presents several sound scientific studies that support this very point. McTaggart even estimates the number of aware people it would take to create a wave of coherency in the United States and the world. Are you ready for this? To immediately create a healthier, cleaner, more loving life for all the inhabitants of the United States, it will only take 1,730 people aware of Eufeling. To have peace and prosperity spread throughout the world we will only need 8,084 people practicing pure awareness. We literally have the technology to save our world right at our fingertips.

The Quantum Entrainment process has the power to heal your world locally. But that influence is not confined to just you and your immediate environment. When you are aware of Eufeling your soothing influence instantly radiates outward to help heal the ills of us all. I forget the name of the French mathematician who said that just the simple act of bending over and picking a flower changes the center of gravity of the entire universe. It's no different when you create a QE healing event. Every moment of Eufeling awareness is like dropping a pebble in a quiet pond, spreading peaceful ripples of coherency that gently rock the distant shores of every universe. Every time you create a QE healing event you make the world a better place.

Of course, Quantum Entrainment is not the only way to awareness. There are thousands of roads to inner peace and outer harmony. I am making a plea for all of us to become more aware every day, as often as we can. QE is simple, instantaneous, and fun. It guides us instantly to Eufeling. Eufeling has immediate practical benefits as well as long-standing effects on body, mind, and environment. It doesn't require that you set aside a time and place to practice. You can do it anytime, anywhere. Additionally, Quantum Entrainment doesn't just ask you to sit in awareness. QE teaches you to move through that affirming fullness, amplifying its profundity and quickly establishing it in your day-to-day life. These advantages make QE the perfect practice for the monk, the mogul, or the single mother of three. Explore its many

manifestations and do Quantum Entrainment throughout the day, every day. Do it by itself or add it to other self-awareness systems to increase their effectiveness. Do QE before your meditations or prayers, business meetings, while you are stuck in traffic or waiting in the *10 Items or Less* lane with arms full of last-minute dinner items. Do this simple thing, become aware of Eufeling and witness first-hand the miraculous transformation it will bring to your life.

If you don't believe what I am saying can possibly be true, then you must take the challenge. For if I am wrong, we humans have painted ourselves into a dark and dreadful corner and you have nothing to lose. But if I am right, you will become one of the first to break into the light of a life of prosperity and peace. There is only one thing holding you back, a belief that it can't be so. The only obstacle you need transcend is the one stopping you from taking your first step. After that it's easy. I'm reminded of a short discourse between Alice and the White Queen from Lewis Carroll's, *Through the Looking Glass*.

"There is no use trying," said Alice, "one can't believe impossible things."

"I dare say you haven't had much practice," said the Queen.

"When I was your age, I always did it for half an hour a day. Why, sometimes I've believed as many as six impossible things before breakfast."

I am not even asking you to change your beliefs. Beliefs don't change our world, awareness does. Keep your beliefs intact if you like. Eufeling will support your life-affirming beliefs and will softly dissolve those that don't flawlessly serve you, your world, our world.

Practice Quantum Entrainment often, with a playful sense of purpose. Become a child exploring your world, eyes wide open. When was the last time, in this feverish world, you gave in to the magic of the moment? Do you remember the joy of lying on your back in the grass watching cottony white clouds glide lazily across a boundless blue sky? You may not have recognized then the pure awareness that spawned in you that deep sense of peace and joy. Once you surrender to Eufeling, let it enfold you completely in its arms. Help yourself to what is already yours. Heal your world, and therein heal our world, one precious soul at a time.